

The Day of Your Surgery

Follow your instructions carefully regarding NOT eating or drinking anything before surgery.

Be sure to **shower or bathe and wear** comfortable, loose fitting clothing.

Do not wear makeup, nail polish, or jewelry.

Bring easy slip-on shoes.

Leave all money, jewelry and valuables at home.

Allow sufficient time to reach the One Day Surgery Suite at the time requested.

A consent form is required before surgery. If you completed one in your doctor's office and if the doctor's office gave it to you, please bring it with you on the day of surgery.

Please bring **any medications** you are on, such as insulin or an inhaler.

If the doctor has indicated that you will require the use of a **walker or crutches**, you will need to bring them with you.

Location

The One Day Surgery Suite is located in Warren General Hospital's Outpatient Pavillion. Please use Entrance "1" on St. Clair Street.

Parking

A convenient parking garage is located near the Outpatient Pavilion Entrance.

When You Arrive

When you arrive at One Day Surgery, a nurse will review your procedure with you and answer any questions you might have. Before your surgery begins, you may expect your nurse to complete a number of the following procedures:

- Start an IV
- Shave hair from the operative site if needed
- Scrub operation site prior to surgery if needed
- Preoperative medication



Anesthesia

Anesthesia personnel will be with you during surgery whenever an anesthetic agent is required. It is important that you speak to an Anesthesiologist to plan your anesthesia care. An RN and/or an Anesthesiologist may contact you prior to your surgery to obtain a medical and surgical history. A member of the anesthesia team will also see you on the day of your surgery.

Special Preparations

Special preparations at home for your surgery are to be done only upon the instructions from your doctor.

Your Surgery and Recovery

Your surgery will be performed in Warren General Hospital's main surgical suite where our trained operating room nurses and technicians will assist your surgeon.

Immediately following your surgery, you may be taken to the Recovery Room located adjacent to the surgical suite. Trained recovery room nurses will care for you until you are returned to your room in One Day Surgery.

Family Waiting/Visitors

While you are in surgery, your family will be directed to where they may wait for the surgeon to report your progress. Family members are welcome to visit you in your room, but we ask that only one (1) be at your bedside at any one time. Children under the age of 12 are not permitted to visit during this time.

Going Home

When you are well enough to go home, you will be given verbal and written instructions for follow up care. In the unusual event that you require continued observation, arrangements will be made for you to stay overnight. If your surgeon feels you need additional assistance at home, the option of having a home care service of your choice visit you, may be discussed. After returning home, you may receive a telephone call from the One Day Surgery staff to see how you are doing.

You are NOT Permitted to drive yourself home after surgery.

Please arrange for a responsible person to take you home from the hospital.

Please have someone available to accompany you home after surgery



The Day Before Your Surgery

The day before your surgery you will receive a call at home to advise you of your arrival time. You will be asked to arrive earlier than your planned procedure time, which allows us to prepare you for surgery.

If you are not contacted by 4:00 p.m., please call (814) 723-4973 ext. 1241 to confirm the time you should arrive. If your surgery is scheduled on a Monday, we will contact you on the Friday before your surgery.

DO NOT:

- Eat or drink anything after midnight the night before - not even water.
- Chew tobacco, gum or hard candy (Unless otherwise instructed).

You should also not smoke for at least 24 hours before surgery. Smoking irritates the lungs and increases coughing after surgery.



Two Crescent Park West, Warren, Pennsylvania 16365
814-723-4973 | www.wgh.org

*If you have any questions,
please contact
One Day Surgery
at (814) 723-4973 ext. 1241.*

*We hope your stay is comfortable
and our entire health team wishes
you a speedy recovery!*

Warren General Hospital complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you speak a foreign language and need language assistance, free translation services are available to you. Call 1-814-723-3300 (TTY: 1-814-723-6797).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-723-3300 (TTY: 1-814-723-6797).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-814-723-3300 (TTY: 1-814-723-6797)

ONE DAY SURGERY

